

April 2019

Activity

Calendar

South Portland Housing Authority



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Hannaford's Bus: \$3 E: 9:00 W: 9:30	3	4 Ocean State Job Lots/Bonanza for lunch Bus: \$6 E: 9:30 W: 10:00	5	6
7	8	9 Hannaford's Bus: \$3 E: 9:00 W: 9:30  LL Bean Bus: \$6 E: 12:00 W: 12:30	10	11 Haven's Candy Tour! Lunch at IHOP Tour Fee: \$2.50 Bus: \$4 E: 9:30 W: 10:00 	12	13
14	15  SPHA Offices closed	16 Hannaford's Bus: \$3 E: 9:00 W: 9:30 Jose Duddy!! @Westbrook Hsng Ticket: \$2 Bus: \$4 W: 5:15 E: 5:45	17	18 S. Portland Food Cupboard/Clothes Closet Bus: Free E: 7:00 W: 7:30	19	20
21	22	23 Hannaford's Bus: \$3 E: 9:00 W: 9:30 Lunch at Mall/Walmart Bus: \$4 E: 12:00 W: 12:30	24	25 Marketbasket & lunch on site Bus: \$6 E: 10:00 W:10:30	26	27
28	29	30 BUS DRIVER VACATION!				

Residential Council Activities:

BRH:

Coffee/muffins –every morning
 Exercise class – Mon/Tues 9:30am
 LCR – Wednesdays 1:30-3
 Poker – Wednesdays 5:30 Board games - Sunday
 Movies – Saturday night Chorus – Wednesdays 2pm
 Residential Council Meeting- last Tuesday of the month

Mill Cove:

50/50 and hot dog lunch – 4/3 11-12:30pm
 Karaoke - 4/12 3pm
 BYOL (bring your own lunch) – 4/19 Noontime
 Birthday Party – 4/27

Welcome to April. As you can see, I have changed the format on our calendar. Let me know if you have any comments about the new presentation! In April, I have scheduled trips to Ocean State Job Lots, LL Bean and the Haven's Candy Shop! On Thursday, April 4th, we will travel to Sanford where we will eat lunch at Bonanza after we shop at Ocean State Job Lots. For our trip to LL Bean, you can choose where you want to eat lunch in Freeport or you can eat lunch before we head up to Beans on Tuesday, April 9th. Take a tour of the Haven's Candy Factory on Thursday, April 11th and get a small goodie bag at the end of the tour. We will close out this trip with a yummy lunch at IHOP! On Tuesday, April 16th, join Westbrook Housing for a 2 hour concert with Jose Duddy! Tickets are \$2.00 for the concert plus \$4 for the bus ride to and from the venue. Join us for a great concert of your favorite Jose Duddy songs! Along with these special trips, I have also scheduled our regular outings to Hannaford's, S. Portland Food Cupboard, Marketbasket and Walmart. Sign up early for all the trips!

Attention all South Portland residents: The week of April 20-April 27 is Earth Week in South Portland. I have listed some of the events below. If you would like more information, check out the website, SouthPortlandLandTrust.org, for a complete schedule. Please note that there is no SPHA bus for these events.

To register; call or email and leave a message for Sue Woodman, Activities Coordinator at my direct line, (207) 289-3745, OR at (207)773-4140 x245 OR at swoodman@spha.net. Make sure to state the following:

- Full name, address and phone number
- All of the activities you would like to attend this month
- Will you be bringing a wheelchair or a walker?

YOU WILL NOT RECEIVE A CONFIRMATION PHONE CALL. I WILL ONLY CONTACT YOU IF A TRIP IS FULL

You must make your own reservations: RESERVATIONS MADE BY OTHERS WILL NOT BE ACCEPTED!

- Nearby trips (South Portland, Portland) require 5 paying attendees
- Longer trips require 10 paying attendees.

- Please note that **YOU MUST CALL 48 HOURS IN ADVANCE** if you are unable to attend an event or meal. **Many of our trips fill up quickly and people on the waitlist need a little time to react if a seat opens up on the bus. You may need to pay the bus fee if you cancel within 24 hours of the trip.**
- Please **BE ON TIME** when the bus arrives! Latecomers will be called once and the bus will leave without you if you are not ready. Mark your calendars! We will leave activities promptly as well; you need to be at the bus pick up spot at the designated time. If you are not there, you risk seeking your own transportation home.

Don't forget to purchase your "As You Like It" vouchers from SMAA! Seniors can purchase them for \$6 to pay for meals at certain locations. Look for the green highlighted dates on our calendars. Call SMAA at 396-6583 for details. Please note: SMAA will no longer send you vouchers in the mail. We will try to stop at the SMAA office on the way to "As You Like It" restaurants so that you can purchase vouchers.

Please read pick up times for each event. I plan to arrive on the other side approximately 20-30 minutes after I start picking people up.

Bus Phone number: 207-609-6635

Do not call this number to make reservations!!

PLEASE BE ON TIME!!!!

E: east

Betsy Ross House
235 Broadway
425 Broadway
Mill Cove

W: west

Ridgeland Estates
Ridgeland Gardens
1700 Broadway
Landry Village/Adam Court



A V.N.A. Nurse visits each residence to provide health services such as checking one's blood pressure, etc. Nurse visiting hours are posted in each building. Take advantage of this great opportunity!



For more information visit the website, SouthPortlandLandTrust.org

SOUTH PORTLAND EARTH WEEK - APRIL 20-APRIL 27
SCHEDULE OF EVENTS: 4/20 ANNUAL CLEAN-UP @MILL CREEK PARK
8:30-11:00 check-in

4/23 FILM FESTIVAL
6:30-8:30 South Portland High School
Free!

****please note that there is no SPHA bus for these events**

4/26 EARTH WEEK PLANETARIUM SHOW
Southworth Planetarium 6:00-7:00 pm

4/27 EARTH WEEK CELEBRATION
Redbank Community Center 10:00-2:00